

## Devotional – You Don’t Know How Blessed You Are

**Scripture Reading:** *Ephesians 1:3* – “Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ.”

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### Reflection

By Day 5, we pause to recognize that our blessings are not just physical or material—they are spiritual and eternal. Sometimes we look at what we don’t have and forget what we do have. Paul reminds us that we are *already blessed* with every spiritual blessing in Christ. That means joy when others are broken, peace when storms rage, forgiveness when guilt tries to condemn, and eternal life when death tries to intimidate.

You don’t know how blessed you are because much of what God has given is *invisible but invaluable*. Your salvation alone is a blessing greater than anything this world can give. The fact that you woke up today, clothed in your right mind, and covered by grace is proof that you are living under the shadow of His goodness.

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### Application

1. **Gratitude Shift** – Instead of starting the day with complaints, start it with “thank You.” Gratitude opens your eyes to blessings you didn’t notice.
  2. **Spiritual Awareness** – Recognize that your greatest blessings are unseen. The world chases money, fame, and power, but you have favor, mercy, and eternal hope.
  3. **Bless Others** – Your blessing is not just for you. Be a blessing to someone else today—a kind word, a prayer, a helping hand.
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### Prayer

Heavenly Father, thank You for reminding me that I am blessed beyond measure. Help me not to overlook the invisible blessings You’ve poured into my life. Let my gratitude rise above my grumbling, and let me be a blessing to others, reflecting Your love and grace. In Jesus’ name, Amen.

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### Declaration

💡 *“I am blessed in ways I cannot see, favored in ways I cannot count, and loved beyond what I deserve.”*